



Arlene's November 2025 K-8 Lunch Menu

3 Chicken Tenders WG Chicken Tenders (3 = 2m, 1wg) 13 Baked Beans (3/4c) 45 Goldfish Pretzels (1wg) 16 Apple Crisps (1/2c) 10 Choc/White Milk (1c) 19/13	4 Meatballs & Mashed Potatoes Meatballs (6 = 2m) 13 Mashed Potatoes (3/4c) 24 Beef Gravy 4 WG Roll (1wg) 16 Orange (1/2c) 8 Choc/White Milk (1c) 19/13	5 Pancakes & Sausage Turkey-Sausage Links (2 = 2m) 1 Eggo Pancakes (2 = 2wg) 30 Syrup Cup 29 Sliced Cucumbers (3/4c) 3 Watermelon (1/2c) 11 Choc/White Milk (1c) 19/13	6 Spaghetti & Meatballs Spaghetti Pasta (1/4g) 30 Marinara (1/4r) 6 Meatballs (6 = 2m) 8 WG Roll (1wg) 16 Carrot Sticks (1/2c) 0 Banana (1/2c) 18 Choc/White Milk (1c) 19/13	7 Turkey Pepperoni Pizza Turkey Pep Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Cheez-Its (1wg) 14 Pineapple (1/2c) 10 Choc/White Milk (1c) 19/13
10 Chicken Nuggets WG Chicken Nuggets (5 = 2m, 1wg) 13 Corn (3/4c) 21 WG Roll (1wg) 16 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	11 Taco Tuesday Ground Beef Crumbles (0.5m) 1 Refried Beans (3/4c) 36 Cheddar Cheese (1m) 0 WG Nacho Chips (1wg) 19 Cantaloupe (1/2c) 13 Choc/White Milk (1c) 19/13	12 Orange Chicken w Rice Popcorn Chicken (10 = 2m) 19 Rice (1/2c = 1oz) 29 Zesty Orange Sauce (2 tbsp) 17 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13	13 Chicken Pasta Alfredo Penne Pasta (1/4g) 30 Grill Chicken Strips (3oz= 2m) 19 Alfredo Sauce 6 WG Roll (1wg) 16 Broccoli (3/4c) 5 Pineapple (1/2c) 10 Choc/White Milk (1c) 19/13	14 Bosco Sticks Bosco Sticks (2 = 2m/2wg) 33 Marinara Pack (2 = 1/4r) 8 Bear Cracker (1wg) 21 Carrot Sticks (1/2c) 0 Orange (1/2c) 8 Choc/White Milk (1c) 19/13
17 Chicken Chili Taquito Chicken Taquito (1=2m,2wg) 24 Green Beans (3/4c) 6 Graham Crackers (0.5wg) 11 Craisins (1/2c) 28 Choc/White Milk (1c) 19/13	18 Burrito Bowl Turkey Crumbles (2m) 0 Rice (1/2c = 1oz) 29 Black Beans (1/2c) 45 Cheddar Cheese (1m) 0 Salsa Cup (1/4c) 0 WG Nacho Chips (1wg) 19 Orange (1/2c) 8 Choc/White Milk (1c) 19/13	19 Thanksgiving Dinner Roast Turkey & Gravy (2m) 4 Mashed Potatoes (3/4s) 12 WG Roll (1wg) 16 Turkey Treat 17 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	20 Meatball Sub Meatballs (6 = 2m) 8 Marinara (1/4c) 6 WG bun (1.5wg) 21 Carrot Sticks (1/2c) 0 Goldfish Crackers (1wg) 14 Honeydew (1/2c) 8 Choc/White Milk (1c) 19/13	21 Turkey Pepperoni Pizza Turkey Pep Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Cheez-Its (1wg) 14 Banana (1/2c) 18 Choc/White Milk (1c) 19/13
24 Chicken Nuggets WG Chicken Nuggets (5 = 2m, 1wg) 13 Green Beans (3/4c) 6 Goldfish Crackers (1wg) 14 BBQ Sauce 5 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	25 Bosco Sticks Bosco Sticks (2 = 2m/2wg) 33 Marinara Pack (2 = 1/4r) 8 Bear Cracker (1wg) 21 Carrot Sticks (1/2c) 0 Orange (1/2c) 8 Choc/White Milk (1c) 19/13	Thanksgiving Break	-----	----->
<i>Carbs listed for each item in blue font. Fresh fruits and vegetables may vary due to availability. Please check with your lunch server daily.</i>	<i>Chef, Taco, Buffalo Chicken and Southwestern Salad option available every day.</i>			

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MENU SUBJECT TO CHANGE
MENU CONTAINS MILK, EGG, WHEAT AND SOY PRODUCTS; ALLERGEN INFO INCLUDED ON BACK OF DAILY DELIVERY SLIP
NO PORK, PEANUTS OR FISH PRODUCTS SERVED AT ANY TIME
USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, AND LENDER

Arlene's November 2025 K-8 Breakfast Menu



3 Cereal Bar (1wg) 30 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	4 Chocolate Muffin Top (1wg) 30 Craisins (1/2c) 34 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	5 Cinnamon Bun (2wg) 34 Apple (1/2c) 25 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	6 Blueberry Muffin (2wg) 36 Craisins (1/2c) 34 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	7 Chocolate Muffin (2wg) 36 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13
10 Banana/Choc Oatmeal Round (2wg) 39 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	11 Blueberry Muffin Top (1wg) 30 Craisins (1/2c) 34 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	12 Cinnamon Bun (2wg) 34 Apple (1/2c) 25 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	13 Chocolate Bread (2wg) 43 Craisins (1/2c) 34 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	14 Super Breakfast Ring (1g) 27 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13
17 Strawberry Pop Tart (1wg) 38 Craisins (1/2c) 34 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	18 Chocolate Muffin (2wg) 36 Apple (1/2c) 25 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	19 Cinnamon Bun (2wg) 34 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	20 Banana Bread (2wg) 43 Apple (1/2c) 25 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	21 Cinnamon Pull Apart Bagel (2wg) 42 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13
24 Apple Cinnamon Oatmeal Round (2wg) 39 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	25 Super Breakfast Ring (1g) 27 Apple (1/2c) 25 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	Thanksgiving Break		
<i>Carbs listed for each item in blue font</i>				

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